

Presentation Title: Triagendo: Increasing health professional awareness of endometriosis

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Session: Showcasing SA rural health research and researchers

Session Type: Workshop Presentation

Time: 4:00pm – 5:30pm

Abstract Description: General Practitioners (GPs) are the first-line health care providers for patients with pelvic pain and endometriosis. Rural and remote health practitioners encounter unique challenges managing endometriosis, including access to specialists, imaging and allied health. Costs of managing endometriosis are higher in rural and remote locations due to the need to travel to major centres for treatment and higher medication costs. Access to specialist treatment is difficult, so women will benefit from alternative pathways for diagnosis and treatment.

Learning Objectives

In developing EndoZone, an evidence-based, online resource for health practitioners and their patients to support management, education and communication, 29% of survey respondents required better doctor's education and communication around endometriosis (EndoZone, 2022). We aim to increase awareness of GPs and health professionals around endometriosis, identifying barriers in diagnosing endometriosis in rural areas, management and treatment.

Intended Audience

For many doctors and health professionals, pelvic pain was covered in one or two lectures at medical school, focusing on surgical treatment. Much has changed and we appreciate that health professionals require support managing patients with pelvic pain. Information needs to be timely, quick to absorb and efficiently delivered in a busy clinical practice.

How the audience will engage.

As part of an educational workshop, prior to three educational presentations, we will administer a short online survey asking questions surrounding pathogenesis of endometriosis, as well as addressing current clinical perspectives, diagnosis and management opportunities available. After the presentations we will assess the knowledge around endometriosis diagnosis and management.